

# SPU Quarterly Course Record

*Below is the traditional 4-year Exercise Science degree pathway.*

A class in red denotes that it is offered several times over the year. You only need to take that class once.

Course Title	CR	Grade	Course Title	CR	Grade	Course Title	CR	Grade
<b>Freshman AUTUMN</b>			<b>WINTER</b>			<b>SPRING</b>		
HHP 1301	3		HHP 1301	3		HHP 1301	3	
HHP 2128	3		HHP 2128	3		HHP 2128	3	
CHM 1211 or 1310 (WKFS)	5		CHM 1330 or 1360	5				
<b>Total Credits</b>			<b>Total Credits</b>			<b>Total Credits</b>		
<b>Sophomore AUTUMN</b>			<b>WINTER</b>			<b>SPRING</b>		
BIO 2129 (WKAS)	5		BIO 2130	5		FCS 3340	5	
MAT 2360 (WKQR)	5		MAT 2360 (WKQR)	5		HHP 3580	5	
						MAT 2360 (WKQR)	5	
<b>Total Credits</b>			<b>Total Credits</b>			<b>Total Credits</b>		
<b>Junior AUTUMN</b>			<b>WINTER</b>			<b>SPRING</b>		
HHP 3560	5		HHP 3570	5		HHP 3575	5	
HHP 2195	5		HHP 4555	3		HHP 3942	1	
<b>Total Credits</b>			<b>Total Credits</b>			<b>Total Credits</b>		
<b>Senior AUTUMN 2024</b>			<b>WINTER</b>			<b>SPRING</b>		
HHP 4899	2		HHP 4899	2		HHP 4899	1	
HHP 4585	5		HHP 4942	3		FCS 4310	3	
HHP 4930	1							
<b>Total Credits</b>			<b>Total Credits</b>			<b>Total Credits</b>		

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YOU NEED TO ADD AN ELECTIVE FOR 3 CREDITS

YOU NEED TO ADD MAT 2360 (STATISTICS) = WKQR requirement

CHM 1211 & 1330 are for PT/OT students (requirements for grad school).

CHM 1310 & 1360 are for Exercise Science students.

HHP 1109 highly recommended in Freshman / Sophomore year FALL

Makes sure you all the pre-requisites for each class.

Here is a link to the degree requirements.

<http://spu.edu/catalog/undergraduate/20178/degree-requirements?Area=MAJEXERSCI&Major=1ESC>